

PRACTICAL METHODOLOGICAL GUIDE

APPENDIX II. Climate Commitment Test



“UN SOLO PLANETA PARA TODAS LAS PERSONAS”

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Appendix II. Climate Commitment Test




Date: _____

Town: _____ Date of birth: _____ My favourite colour: _____

Instructions

Read each sentence carefully and mark the option that best describes you with an X. 🌍 **Remember:** There are no right or wrong answers—everyone is at a different point on the climate journey. Some people are just starting to learn, others are already doing a lot, and everyone is important. Mark only one option per sentence.

1. When I hear people talking about global warming...

- ☐ I don't know what it is.
- ☐ I know it has something to do with the Earth, but not much else.
- ☐ I know a few things, but I get a little confused.
- ☐ I know that people have something to do with this.
- ☐ I understand how it affects where I live.
- ☐ I can explain it using simple examples.

2. About learning more or educating myself on the topic of global warming...

- ☐ I'm not interested in looking for information.
- ☐ I listen if someone mentions it.
- ☐ Sometimes I watch videos or watch the news.
- ☐ I like learning new things about the topic.
- ☐ I compare what different people say.
- ☐ I ask questions or look for information so I can explain it to others.

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3. When I think about global warming and my surroundings... ☐ I don't think it has anything to do with me. ☐ I think it happens in other countries. ☐ I think it might affect my city or town. ☐ I know it also depends on what we do here. ☐ I think about how decisions made at my school, in my neighborhood, or in my family affect this. ☐ I come up with ideas and solutions to help the planet.	4. The issue of global warming seems to me... ☐ Kind of boring and not something that interests me. ☐ Something important, but far removed from my life. ☐ Something that worries me a little. ☐ Something we should learn more about in school. ☐ Something that makes me want to take action. ☐ Something I want to explain to other people so that we can all do something about it.
5. If I want to help the planet... ☐ I don't know what to do. ☐ I don't think what I do makes much of a difference. ☐ I know of things that help, but I don't always do them. ☐ I try to do small things that I know can help. ☐ I encourage other people to do the same. ☐ I suggest ideas for taking care of the planet and bringing about change.	6. When I think about global warming... ☐ I don't think about it, or it doesn't worry me. ☐ It worries me, but I don't know what to do. ☐ Sometimes it scares me or makes me sad. ☐ I try to think of solutions. ☐ It makes me want to do things to make things better. ☐ I feel energized to encourage other people to do things to make things better.

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7. When someone says that global warming doesn't matter...

- ☐ I don't say anything, or I don't know what to say.
- ☐ I listen without giving my opinion.
- ☐ I'm left with doubts.
- ☐ I try to learn more about it before giving my opinion.
- ☐ I give an example or a fact to show why it does matter.
- ☐ I explain and try to convince them respectfully why it does matter.

8. In my daily life...

- ☐ I don't do anything for the environment.
- ☐ Sometimes I conserve water or recycle, but not always.
- ☐ I do things for the environment when I remember.
- ☐ I do it almost all the time (recycle, turn off lights, reuse things...).
- ☐ I encourage my family and friends to do it too.
- ☐ I look for new ways to take care of the planet and teach others how to do it.

9. At my school or in my neighborhood...

- ☐ I never take part in environmental activities.
- ☐ When I have participated, I just watch or listen.
- ☐ I have actively participated on occasion.
- ☐ I take part in environmental activities several times a year.
- ☐ I help organize environmental activities.
- ☐ I suggest new ideas or activities to help protect the environment.

10. When I'm with other people...

- ☐ I don't talk about these topics.
- ☐ I listen if someone else brings them up.
- ☐ Sometimes I tell other people something I've learned.
- ☐ I encourage others to take action to protect the environment.
- ☐ I help a group do things to protect the environment.
- ☐ I come up with new ideas for protecting the environment..

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11. When I participate in an environmental group or project...

- ☐ I don't usually participate.
- ☐ I participate only if asked.
- ☐ I help with small tasks.
- ☐ I actively contribute to the group's activities.
- ☐ I offer ideas or help with organization.
- ☐ I make new suggestions and listen to others so the group can function better.

12. Thinking about the future of our planet...

- ☐ I don't think about that.
- ☐ I want to help, but I don't know how.
- ☐ I want to learn more.
- ☐ I want to keep participating in activities that help our planet.
- ☐ I want to create something to help (a group, a campaign, an idea...).
- ☐ I want to dedicate myself to this or teach others how to do it.

♥ Thank you for your responses!

Every step counts when it comes to taking care of our planet.

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**NOPLANETB – ACORTAR DISTANCIAS ENTRE CIENCIA Y SOCIEDAD
PARA PROMOVER UNA ESTRATEGIA DE TRANSICIÓN INTEGRADORA
(NDICI CHALLENGE/2023/448-259)**

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Fondo Andaluz de Movimiento
para la Sostenibilidad Internacional



Dse Diputación
de Sevilla



 Co-funded by
the European Union

